



ESCUELAS DE DEPORTIVAS

EFD	Escenario Deportivo	CO	DIA	HORA	ENTRENADOR	N° CELULAR
ATLETISMO	Estadio de Atletismo	1	Lunes	7:00am a 9:00am	Ruben Beltran	3117121937
ATLETISMO	Estadio de Atletismo	1	Lunes	4:00pm a 6:00pm	Ruben Beltran	
ATLETISMO	Estadio de Atletismo	1	Miercoles	7:00am a 9:00am	Ruben Beltran	
ATLETISMO	Estadio de Atletismo	1	Miercoles	4:00pm a 6:00pm	Ruben Beltran	
ATLETISMO	Estadio de Atletismo	1	Viernes	7:00am a 9:00am	Ruben Beltran	
ATLETISMO	Estadio de Atletismo	1	Viernes	4:00pm a 6:00pm	Ruben Beltran	
ATLETISMO	Estadio San José	6	Martes	3:00pm a 5:00pm	Ruben Beltran	
ATLETISMO	Estadio San José	6	Jueves	3:00pm a 5:00pm	Ruben Beltran	
ATLETISMO	INEM	10			Ruben Beltran	
ATLETISMO	I.E. Rufino Sur	2	Lunes	2:30pm a 3:30pm	Ruben Beltran	
ATLETISMO	I.E. Rufino Sur	2	Miercoles	2:30pm a 3:30pm	Ruben Beltran	3147602636
BALONCESTO	Coliseo del Café	9	Miercoles	4:00pm a 6:00pm	Edilber Perea	
BALONCESTO	Coliseo del Café	9	Sabados	9:00am a 1:00pm	Edilber Perea	
BALONCESTO	I.E. Rufino centro	6	Jueves	7:00am a 9:00am	Edilber Perea	
BALONCESTO	I.E. Rufino centro	6	Jueves	4:00pm a 6:00pm	Edilber Perea	
BALONCESTO	I.E. Rufino Sur	2	Lunes	4:00pm a 6:00pm	Edilber Perea	
BALONCESTO	INEM	10	Martes	4:00pm a 6:00pm	Edilber Perea	
BALONCESTO	I.E. Nacional	4	Viernes	4:00pm a 6:00pm	Edilber Perea	
BALONMANO	INEM	10			Jorge Grisales	3182672559 - 3137207198
BALONMANO	I.E. Laura Vicuña	1	Jueves	4:00pm a 6:00pm	Jorge Grisales	
BALONMANO	I.E. Laura Vicuña	1	Viernes	4:00pm a 6:00pm	Jorge Grisales	
BALONMANO	Estadio San José	6	Lunes	4:00pm a 6:00pm	Jorge Grisales	
BALONMANO	Estadio San José	6	Sabados	8:00am a 10:00am	Jorge Grisales	
BALONMANO	I.E. La Adíela	3	Lunes	9:00am a 11:00am	Jorge Grisales	
BALONMANO	I.E. La Adíela	3	Miercoles	4:00pm a 6:00pm	Jorge Grisales	
DISCAPACIDAD	FUNDACIÓN QUINDIANA	10	Lunes	1:00pm a 4:30pm	Natalia Correa	3113898077
DISCAPACIDAD	FUNDACIÓN QUINDIANA	10	Martes	9:45am a 11:45am	Natalia Correa	
DISCAPACIDAD	INSTITUTO CERAL	8	Lunes	8:00am a 10:00am	Natalia Correa	
DISCAPACIDAD	INSTITUTO CERAL	8	Jueves	8:00am a 10:00am	Natalia Correa	
DISCAPACIDAD	INSTITUTO CERAL	8	Viernes	9:10am a 11:10am	Natalia Correa	
DISCAPACIDAD	I.E. CASD	8	Viernes	7:00am a 9:00am	Natalia Correa	

DISCAPACIDAD	ESTADIO SAN JOSÉ	6	Miercoles	2:00pm a 4:00pm	Natalia Correa	
DISCAPACIDAD	ESTADIO SAN JOSÉ	6	Viernes	2:00pm a 4:00pm	Natalia Correa	
FUTBOL 1	El Caimo (Esperanza)	Rural	Lunes	1:00pm a 3:00pm	Cardenio Londoño	3014714813 - 3163406834
FUTBOL 1	El Caimo (Santa Ana)	Rural	Miercoles	8:00am a 12:00pm	Cardenio Londoño	
FUTBOL 1	Club Artilleria Verde	6	Miercoles	8:00pm a 10:00pm	Cardenio Londoño	
FUTBOL 1	Estadio San Jose	6	Martes	4:00pm a 6:00pm	Cardenio Londoño	
FUTBOL 1	Estadio San Jose	6	Miercoles	4:00pm a 6:00pm	Cardenio Londoño	
FUTBOL 1	Estadio San Jose	6	Jueves	8:00am a 10:00am	Cardenio Londoño	
FUTBOL 1	Estadio San Jose	6	Jueves	4:00pm a 6:00pm	Cardenio Londoño	
FUTBOL 1	Estadio San Jose (Auxiliar)	6	Sabados	8:00am a 10:00am	Cardenio Londoño	
FUTBOL 2	I.E. Ciudadela del sur	6	Lunes	2:00pm a 6:00pm	Julian Benavides	3186728941
FUTBOL 2	I.E. Ciudadela del sur	6	Miercoles	7:00am a 11:00am	Julian Benavides	
FUTBOL 2	I.E. Ciudadela de Occidente	6	Jueves	2:00pm a 6:00pm	Julian Benavides	
FUTBOL 2	I.E. Cristóbal Colon	8	Martes	2:00pm a 4:00pm	Julian Benavides	
FUTBOL 2	I.E. Cristóbal Colon	8	Viernes	2:00pm a 4:00pm	Julian Benavides	
FUTBOL 2	B/ La Isabela	10			Julian Benavides	
FUTBOL 3	I.E. Ntra sra Belén	4	Martes	3:00pm a 5:00pm	Mario Ospina	316 870 68 17
FUTBOL 3	I.E. Ntra sra Belén	4	Jueves	3:00pm a 5:00pm	Mario Ospina	
FUTBOL 3	I.E. Zuldemayda	2	Lunes	3:00pm a 5:00pm	Mario Ospina	
FUTBOL 3	I.E. Zuldemayda	2	Miercoles	3:00pm a 5:00pm	Mario Ospina	
FUTBOL 3	I.E. Ciudad Dorada	2	Martes	5:00pm a 7:00pm	Mario Ospina	
FUTBOL 3	I.E. Ciudad Dorada	2	Miercoles	5:00pm a 7:00pm	Mario Ospina	
FUTBOL 3	I.E. Ciudad Dorada	2	Sabados	10:00am a 12:00pm	Mario Ospina	
FUTBOL 3	I.E. Rufino Sur	2	Lunes	5:00pm a 7:00pm	Mario Ospina	
FUTBOL 3	I.E. Rufino Sur	2	Jueves	5:00pm a 7:00pm	Mario Ospina	
FUTSALON	I.E. Laura Vicuña	1	Martes	2:00pm a 4:00pm	Jaiver Garcia	3188712566
FUTSALON	I.E. Laura Vicuña	1	Jueves	2:00pm a 4:00pm	Jaiver Garcia	
FUTSALON	I.E. Rufino centro	6	Miercoles	4:00pm a 6:00pm	Jaiver Garcia	
FUTSALON	I.E. Rufino centro	6	Viernes	4:00pm a 6:00pm	Jaiver Garcia	
FUTSALON	Coliseo del Sur	1	Lunes	4:00pm a 6:00pm	Jaiver Garcia	
FUTSALON	Coliseo del Sur	1	Jueves	4:00pm a 6:00pm	Jaiver Garcia	
FUTSALON	Coliseo del Sur	1	Sabados	10:00am a 12:00pm	Jaiver Garcia	
FUTSALON	INEM	10			Jaiver Garcia	
HAPKIDO	Coliseo del Café	9	Martes	4:00pm a 6:30pm	Jorge Valencia	312 291 49 92
HAPKIDO	Coliseo del Café	9	Jueves	4:00pm a 6:30pm	Jorge Valencia	
HAPKIDO	Coliseo del Café	9	Sabados	8:00am a 11:00am	Jorge Valencia	

HAPKIDO	I.E. Ciudadela del sur	2	Miercoles	8:00am a 10:00am	Jorge Valencia	
HAPKIDO	I.E. Ciudadela del sur	2	Viernes	4:00pm a 6:00pm	Jorge Valencia	
HAPKIDO	I.E. Camilo Torres	4	Lunes	8:30am a 10:30am	Jorge Valencia	
HAPKIDO	I.E. Rufino centro (Antonia Santos)	6	Lunes	2:00pm a 5:00pm	Jorge Valencia	
PESAS	Polideportivo el cafetero	7	Lunes	8:00am a 11:00am	Carlos Andica	3005719794
PESAS	Polideportivo el cafetero	7	Lunes	4:00pm a 6:00pm	Carlos Andica	
PESAS	Polideportivo el cafetero	7	Martes	8:00am a 11:00am	Carlos Andica	
PESAS	Polideportivo el cafetero	7	Martes	4:00pm a 6:00pm	Carlos Andica	
PESAS	Polideportivo el cafetero	7	Miercoles	8:00am a 11:00am	Carlos Andica	
PESAS	Polideportivo el cafetero	7	Miercoles	4:00pm a 6:00pm	Carlos Andica	
PESAS	Polideportivo el cafetero	7	Jueves	8:00am a 11:00am	Carlos Andica	
PESAS	Polideportivo el cafetero	7	Jueves	4:00pm a 6:00pm	Carlos Andica	
PESAS	Polideportivo el cafetero	7	Viernes	8:00am a 11:00am	Carlos Andica	
PESAS	Polideportivo el cafetero	7	Viernes	4:00pm a 6:00pm	Carlos Andica	
PESAS	Polideportivo el cafetero	7	Sabados	9:00am a 11:00am	Carlos Andica	
MINORIAS	B/ Isabela	10	Martes	4:00pm a 6:00pm	Jhon Byron Mendez	3127086922
MINORIAS	B/ Isabela	10	Jueves	4:00pm a 6:00pm	Jhon Byron Mendez	
MINORIAS	B/ Milagro De Dios	4	Miercoles	5:00pm a 6:00pm	Jhon Byron Mendez	
MINORIAS	B/ Milagro De Dios	4	Viernes	5:00pm a 6:30pm	Jhon Byron Mendez	
MINORIAS	B/ Las Colinas	3	Lunes	4:00pm a 6:00pm	Jhon Byron Mendez	
MINORIAS	B/ Las Colinas	3	Miercoles	4:00pm a 6:00pm	Jhon Byron Mendez	
MINORIAS	B/ Veraneras	2	Lunes	6:00pm a 7:30pm	Jhon Byron Mendez	
MINORIAS	B/ Veraneras	2	Miercoles	6:00pm a 7:30pm	Jhon Byron Mendez	
PATINAJE	Estadio Centenario	1	Lunes	2:00pm a 4:00pm	Anguie Tenjo	320 639 82 00
PATINAJE	Estadio Centenario	1	Miercoles	2:00pm a 4:00pm	Anguie Tenjo	
PATINAJE	Estadio Centenario	1	Sabados	8:00am a 10:00am	Anguie Tenjo	
PATINAJE	Estadio San José	6	Lunes	6:00pm a 8:00pm	Anguie Tenjo	
PATINAJE	Estadio San José	6	Miercoles	6:00pm a 8:00pm	Anguie Tenjo	
PATINAJE	I.E. Rufino Sur	8	Lunes	4:00pm a 6:00pm	Anguie Tenjo	
PATINAJE	I.E. Rufino Sur	2	Miercoles	4:00pm a 6:00pm	Anguie Tenjo	
PATINAJE	Parque de la vida	10	Jueves	3:00pm a 5:00pm	Anguie Tenjo	
PATINAJE	Parque de la vida	10	Viernes	3:00pm a 5:00pm	Anguie Tenjo	
PORRISMO 1	I.E. Cristóbal Colon	2	Martes	9:30am a 11:00am	Julio Bonilla	312 287 64 79
PORRISMO 1	I.E. Cristóbal Colon	2	Jueves	9:30am a 11:00am	Julio Bonilla	
PORRISMO 1	I.E. Cristóbal Colon	2	Sabados	10:00am a 12:00pm	Julio Bonilla	
PORRISMO 1	I.E. Las Colinas	3	Lunes	7:15pm a 9:00pm	Julio Bonilla	

PORRISMO 1	I.E. Las Colinas	3	Viernes	7:15pm a 9:00pm	Julio Bonilla	
PORRISMO 1	I.E. Gustavo Matamoros	6	Viernes	9:30am a 11:00am	Julio Bonilla	
PORRISMO 1	Estadio San José	6	Martes	7:15pm a 9:45pm	Julio Bonilla	
PORRISMO 1	Estadio San José	6	Jueves	7:15pm a 9:45pm	Julio Bonilla	
PORRISMO 1	Polideportivo el cafetero	7	Sabados	3:00pm a 5:00pm	Julio Bonilla	
PORRISMO 1	Coliseo de Gimnasia	1	Domingos	3:00pm a 5:00pm	Julio Bonilla	
PORRISMO 2	INEM	10	Lunes	12pm a 2pm o 3pm a 6pm	Nelson Torres	310 894 98 26
PORRISMO 2	INEM	10	Martes	6:30pm a 8:30pm	Nelson Torres	
PORRISMO 2	INEM	10	Sabados	2:00pm a 4:00pm	Nelson Torres	
PORRISMO 2	I.E. Cámara Junior	6	Jueves	3:00pm a 6:00pm	Nelson Torres	
PORRISMO 2	I.E. Rufino Sur	2	Miercoles	3:00pm a 6:00pm	Nelson Torres	
PORRISMO 2	I.E. Laura Vicuña	1	Martes	3:00pm a 6:00pm	Nelson Torres	
PORRISMO 3	I.E. Camilo Torres (sede gaitan)	7	Jueves	9:00am a 11:00am	Natalia Oviedo	310 899 51 48
PORRISMO 3	I.E. Camilo Torres (sede gaitan)	7	Sabados	8:00am a 11:00am	Natalia Oviedo	
PORRISMO 3	I.E. Nacional (sede antonio nariño)	4	Lunes	3:00pm a 5:00pm	Natalia Oviedo	
PORRISMO 3	Polideportivo el cafetero	7	Lunes	5:00pm a 7:00pm	Natalia Oviedo	
PORRISMO 3	Polideportivo el cafetero	7	Sabados	11:00am a 1:00pm	Natalia Oviedo	
PORRISMO 3	I.E. Teresita (Juan Pablo I)	1	Lunes	11:00am a 2:00pm	Natalia Oviedo	
PORRISMO 3	I.E. Teresita (Juan Pablo I)	1	Viernes	2:00pm a 4:00pm	Natalia Oviedo	
PORRISMO 3	Fundacion Quindiana	10	Miercoles	9:45am a 11:45am	Natalia Oviedo	
RUGBY	INEM	10	Lunes	3:30pm a 6:30pm	Oscar Cañas	3013564306
RUGBY	Estadio San José	6	Viernes	3:00pm a 6:00pm	Oscar Cañas	
RUGBY	Estadio San José	6	Sabados	3:00pm a 6:00pm	Oscar Cañas	
RUGBY	I.E. Rufino Sur	2	Martes	4:00pm a 7:00pm	Oscar Cañas	
RUGBY	I.E. Rufino Sur	2	Jueves	3:30pm a 5:30pm	Oscar Cañas	
RUGBY	Estadio de Atletismo	1	Miercoles	3:00pm a 6:00pm	Oscar Cañas	
TENIS DE CAMPO	Canchas de tenis de campo	1	Martes	9:15am a 10:00am	Julio Varon	
TENIS DE CAMPO	Canchas de tenis de campo	1	Martes	3:00pm a 4:00pm	Julio Varon	
TENIS DE CAMPO	Canchas de tenis de campo	1	Miercoles	9:15am a 10:00am	Julio Varon	
TENIS DE CAMPO	Canchas de tenis de campo	1	Miercoles	3:00pm a 4:00pm	Julio Varon	
TENIS DE CAMPO	Canchas de tenis de campo	1	Jueves	9:15am a 10:00am	Julio Varon	
TENIS DE CAMPO	Canchas de tenis de campo	1	Jueves	3:00pm a 4:00pm	Julio Varon	
TENIS DE CAMPO	Canchas de tenis de campo	1	Viernes	9:15am a 10:00am	Julio Varon	
TENIS DE CAMPO	Canchas de tenis de campo	1	Viernes	3:00pm a 4:00pm	Julio Varon	
VOLEIBOL 1	Polideportivo el cafetero	7	Martes	8:00am a 10:00am	Cristian Betancourth	3105001899
VOLEIBOL 1	Polideportivo el cafetero	7	Jueves	8:00am a 10:00am	Cristian Betancourth	

VOLEIBOL 1	Estadio San José (Normal)	6	Miercoles	7:00am a 9:00am	Cristian Betancourth	
VOLEIBOL 1	Estadio San José (Normal)	6	Viernes	4:00pm a 6:00pm	Cristian Betancourth	
VOLEIBOL 1	Estadio San José (Normal)	6	Sabado	10:00am a 12:00pm	Cristian Betancourth	
VOLEIBOL 1	I.E. Camilo Torres	7	Martes	1:30pm a 3:30pm	Cristian Betancourth	
VOLEIBOL 1	I.E. Camilo Torres	7	Jueves	1:30pm a 3:30pm	Cristian Betancourth	
VOLEIBOL 1	I.E. Nuestra sra Belen	4	Lunes	4:00pm a 6:00pm	Cristian Betancourth	
VOLEIBOL 1	I.E. Nuestra sra Belen	4	Miercoles	4:00pm a 6:00pm	Cristian Betancourth	
VOLEIBOL 2	Coliseo del Sur	1	Miercoles	3:00pm a 5:00pm	Helver Acosta	3108241220
VOLEIBOL 2	Coliseo del Sur	1	Sabado	3:00pm a 5:00pm	Helver Acosta	
VOLEIBOL 2	I.E. Nacional	4	Lunes	2:45pm a 4:45pm	Helver Acosta	
VOLEIBOL 2	I.E. Nacional	4	Sabado	10:00am a 12:00pm	Helver Acosta	
VOLEIBOL 2	I.E. Rufino Sur	2	Martes	2:30pm a 4:30pm	Helver Acosta	
VOLEIBOL 2	I.E. Rufino Sur	2	Viernes	4:30pm a 6:00pm	Helver Acosta	
VOLEIBOL 2	I.E. Laura Vicuña	1	Viernes	2:15pm a 4:15pm	Helver Acosta	